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SEL Standards Connections

Station: Enchanted Pines

Competency A: Self-Awareness

A1: Demonstrate an awareness of personal emotions

A2: Demonstrate awareness of personal interests and qualities, including strengths and challenges

A4: Demonstrate a sense of personal responsibility, confidence and advocacy

Competency B: Self Management

B2: Set, monitor, adapt and evaluate goals to achieve success in school and life

B3: Persevere through challenges and setbacks in school and life

D2: Develop and maintain positive relationships

D3: Demonstrate the ability to prevent, manage and resolve interpersonal conflicts in constructive ways

Station: The Prayer Chapel

Competency B: Self Management

B1: Regulate emotions and behaviors by using thinking strategies that are consistent with brain development

B3: Persevere through challenges and setbacks in school and life

Competency E: Responsible Decision-Making

E1: Develop, implement and model effective decision and critical thinking skills

E2: Identify potential outcomes to help make constructive decisions

E3: Consider the ethical and civic impact of decisions

Station: The Rock Garden

Competency A: Self-Awareness

A1: Demonstrate awareness of personal emotions

A2: Demonstrate awareness of personal interests and qualities, including strengths and challenges

Station: Teardrop Pond

Competency B: Self Management

B1: Regulate emotions and behaviors by using thinking strategies that are consistent with brain development

Station: Glacier Point Overlook

Competency D: Relationship Skills

D1: Apply positive verbal and nonverbal communication and social skills to interact effectively with others and in groups

Station: Tree Stand

Competency C: Social Awareness

C1: Recognize, identify and empathize with the feelings and perspective of others

C2: Demonstrate consideration for and contribute to well-being of the school, community and world

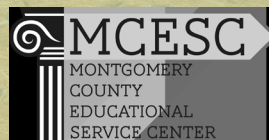
C4: Read social cues and respond constructively

Competency D: Relationship Skills



danielsstory.org

7501 Stiver Rd, Germantown, OH



Visitor guide designed by students at Dayton Regional STEM School

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Overview

Daniel's Peace Memorial Park, a privately owned 100 acre public park located in Germantown, Ohio, was established in 2016 by the Weidle family to honor their son, Daniel A. Weidle. Daniel lost his life to the disease of addiction, and the park is dedicated to all those facing similar struggles. This beautiful outdoor green space was Daniel's favorite place and now serves as a place of refuge and peace for the spirit, mind and body for all to enjoy.

Enduring Understandings

The purpose of the field trip to Daniel's Peace Farm is to engage visitors in a series of meaningful and reflective activities designed to promote gratitude, mindfulness, self-awareness, and cooperation. The activities have a strong connection to Ohio's SEL competencies, in this guide. Each activity is also designed to help visitors connect with and appreciate nature.

Driving Questions

- How can nature and outdoor experiences help us manage our emotions?
- How can self awareness help us find balance?
- How can we better understand our brains and emotions in order to live a healthy life?
- What activities can help us feel grounded?
- How can cooperative relationships help us find peace?

Setting the Stage

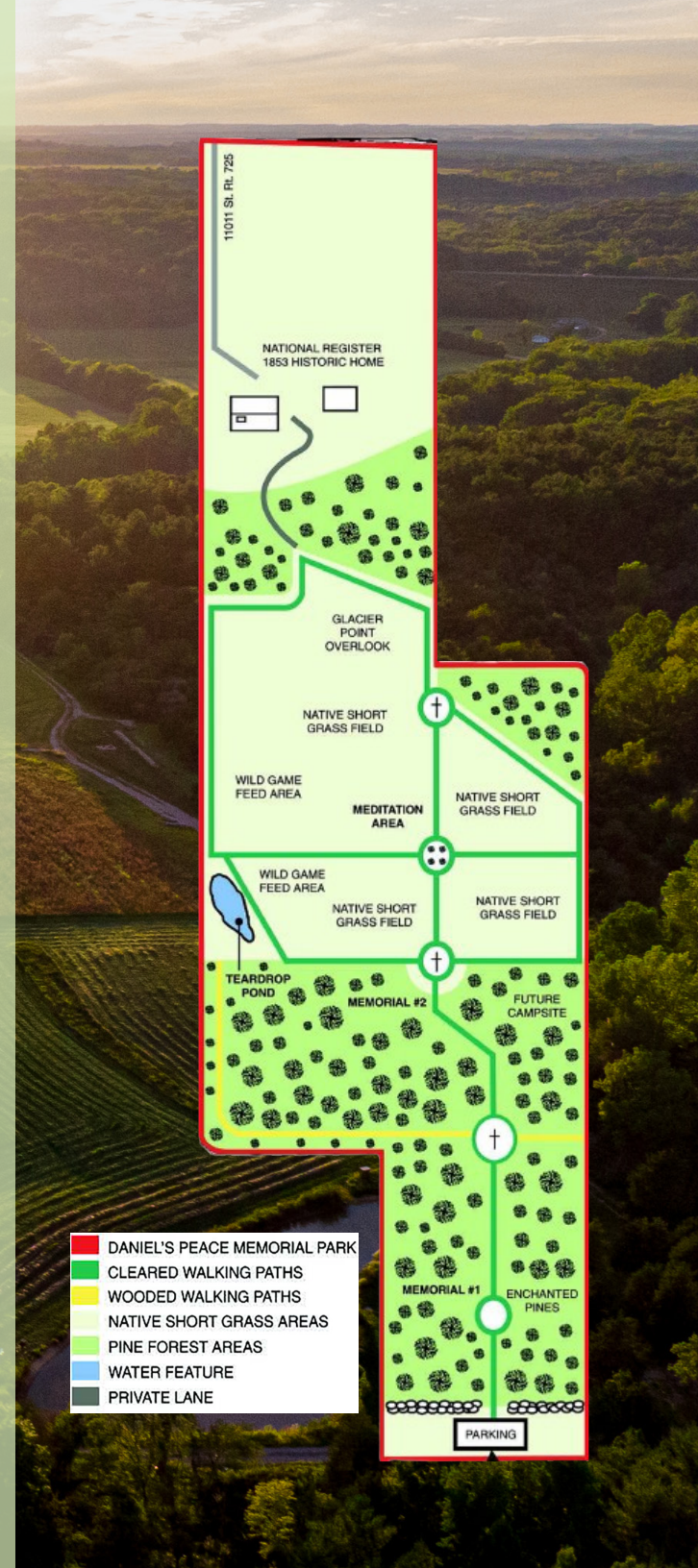
To prepare students for the field trip to Daniel's Peace Memorial Park, it is important to set the stage by explaining the significance of the park as a memorial site dedicated to Daniel, who lost his life to addiction. Begin with a classroom discussion about the importance of memorials and respectful behavior in such spaces. Ask, "What are some places where being quiet or silent is the norm?" "Why is that?"

Preview the videos from Daniel's Peace Memorial Park website and select at least one that you feel is a good fit for your students. Watch the video(s) and follow up with a brief conversation about addiction as a reality of our society that we can learn about. Emphasize the need for respect and reverence throughout the visit, highlighting that the activities they will engage in are designed to be reflective and calming, but also fun!

Voice Levels & Suggested Materials

Emphasize that there will be no reason at any time during the field trip to use a yelling voice.

- Comfortable walking shoes
- Water bottles
- Sun protection: hats, sunscreen, sunglasses
- Journal or notecards
- Pencils
- Paints & brushes or paint pens (optional)



- DANIEL'S PEACE MEMORIAL PARK
- CLEARED WALKING PATHS
- WOODED WALKING PATHS
- NATIVE SHORT GRASS AREAS
- PINE FOREST AREAS
- WATER FEATURE
- PRIVATE LANE

PARKING